



HOW TO FALL IN LOVE WITH QUESTIONS

A New Way to Thrive in
Times of Uncertainty
ELIZABETH WEINGARTEN



How to Fall in Love with Questions: A New Way to Thrive in Times of Uncertainty Elizabeth Weingarten

Journalist and applied behavioral scientist.

Heather Havrilesky

Writer of the popular *Ask Polly* advice column and author of *Foreverland* and *What If This Were Enough?*, among other titles.

Thursday, May 1, 2025, 7:00 PM CT
Register: www.bit.ly/WeingartenFANWebinar

PLUS: After-Hours Event!

Purchase a copy of *How to Fall in Love with Questions* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Weingarten. Details on the Zoom registration form.



This event is **#freeandopentothepublic** and will be recorded.
Suitable for youth 12+

Presented by **FAN** and 55 of our member schools and organizations.
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FOR IMMEDIATE RELEASE: ELIZABETH WEINGARTEN - ON ZOOM

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Thursday, May 1, 2025, 7:00 PM CT, How to Fall in Love with Questions: A New Way to Thrive in Times of Uncertainty, a FAN webinar featuring Elizabeth Weingarten in conversation with Heather Havrilesky ('18, '22). REGISTER: www.bit.ly/WeingartenFANWebinar

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy *How to Fall in Love with Questions* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Weingarten that will start immediately after the webinar. Details on the webinar registration page.

What do you do when faced with a big, important question that keeps you up at night? Many people, understandably, seize answers dispensed by “experts,” influencers, gurus, and more. But these fast, easy, one-size-fits-all solutions often fail to satisfy, and can even cause more pain.

What if our questions—the ones we ask about relationships, work, meaning, identity, and purpose—are not our tormentors, but our teachers? Inspired by 150-year-old advice from Austrian poet Rainier Maria Rilke and backed by contemporary science, **Elizabeth Weingarten's** new book, ***How to Fall in Love with Questions: A New Way to Thrive in Times of Uncertainty***, offers a fresh approach for dealing with these seemingly unsolvable questions. In her quest, Weingarten shares her own journey and the stories of many others, whose lives have transformed through a different, and better, relationship with uncertainty.

Designed to inspire anyone who feels stuck, powerless, and drained, *How to Fall in Love with Questions* challenges us to unlock our minds and embark on the kind of self-discovery that's only possible when we feel most alive—that is, when we don't know what will happen next.

Weingarten is a journalist and applied behavioral scientist who works at the intersection of science and storytelling. A graduate of Northwestern University's Medill School of Journalism and New Trier High School, she has worked on the editorial staffs of *The Atlantic*, *Slate*, and *Qatar Today*, and was managing editor of *Behavioral Scientist*.

Weingarten will be in conversation with **Heather Havrilesky** (FAN '18, '22), writer of the popular *Ask Polly* advice column on Substack and is the author of *Foreverland*, *What If This Were Enough?*, *How to Be a Person in the World*, and *Disaster Preparedness*.

This event suitable for youth 12+. It will be recorded and available on FAN's website and YouTube channel.

Sponsored by **FAN**, in partnership with The Alliance for Early Childhood, The Avery Coonley School, Avoca D37, Baker Demonstration School, Beacon Academy, Bernard Zell Anshe Emet Day School, Brickton Montessori School, British International School of Chicago/Lincoln Park, British International School of Chicago/South Loop, Catherine Cook School, Chiaravalle Montessori School, Chicago Jewish Day School, Compass Health Center, Countryside Day School, Evanston Scholars, Evanston Township HS D202, Family Service Center, Foundation 65, The Frances Xavier Warde School, Francis W. Parker School, Glencoe D35, Glenview Public Library, Gorton Center, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Lake Forest Academy, Lake Forest Community High School D115, Lake Forest Country Day School, Latin School of Chicago, Leo Catholic High School, Libertyville D70, Lycée Français de Chicago, Magnetar Capital, Morgan Park Academy, Near North Montessori School, New Trier High School D203, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Pope John XXIII School, Psychgeist Media, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Santa Clara University School of Law, Science & Arts Academy, The Sonia Shankman Orthogenic School, Stevenson High School D125, Township High School D113, Wilmette Public Library, Youth & Opportunity United.