



Womencare

Counseling & Training Center

Awakening Possibilities: Cultural Healing for Clinicians of Color

Friday, October 25, 2019

9:00 am – 12:00 pm

Fee: \$85 includes 3 CEUs

Even the most well-intended cultural competence workshops can marginalize the experience of clinicians of color. The consequences are further experiences of microaggression and racism. This workshop aspires to be experienced differently.

Alissa Catiis, LCSW and Rosey Puloka, , LCPC, BC-DMT are both therapists and yoga teachers of color. Join them as they create space to identify the unique challenges of our work, share stories and wisdom, and center ritual healing practices of BIPOC* clinicians.

In collaboration together with participants, they will explore how moving our bodies, centering our stories, and taking holistic care of ourselves can help us move towards collective liberation.

OBJECTIVES:

- To name collectively the unique challenges of being a clinician of color in the mental health and social services fields
- To identify collectively some ways to manage these unique challenges
- To discuss ideas on how to overcome colonial mentality in order to decolonize trauma work

FOR ADDITIONAL INFORMATION:

Please visit womencarecounseling.com
or call 847-475-7003 x 21

***THIS WORKSHOP IS FOR PEOPLE WHO IDENTIFY AS BLACK, INDIGENOUS, AND/OR PEOPLE OF COLOR (BIPOC). CLINICIANS WHO ARE BI- OR MULTIRACIAL ARE ALSO WELCOME.**

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Alissa Catiis, LCSW, RYT is Filipina American psychotherapist and yoga teacher who specializes in working with trauma survivors. She has over 10 years of experience in the social services field that includes time as a school social worker, medical social worker, and geriatric case manager. She

leads workshops about contemplative clinical practice, trauma-sensitive yoga, and cultural humility. Alissa is most proud of bringing a multi-cultural, anti-racist perspective into the western-dominated fields of education, social work, and healthcare.

Rosey Puloka, LCPC, BC-DMT is a dance/movement therapist and counselor who specializes in working with trauma from a relational and embodied place. Her experience includes working in residential rehabilitation with adolescents, Cook County Jail in the Sheriff's Women's Justice Program, and a community mental health center with LGBTQIA+ and HIV-impacted communities. She is interested in decolonizing and queering trauma work through ritual, storytelling, and the arts. Rosey is a queer, biracial, cis woman.

PROGRAM FEE:

\$85 through October 1 (early bird discount)

\$95 after October 1

- *Partial scholarships are available.*
- *Group discounts are available for groups of 3 or more.*

CEUs:

This workshop satisfies the 3 CEU requirements for cultural competence.

HELD AT:

Gibbs-Morrison Cultural Center
1823 Church St.
Evanston, IL 60201

**REGISTER ONLINE AT
WOMENCARECOUNSELING.COM**