



# Parents As First Teachers: How to Cultivate the Whole Child

**Panelists:** Judy Harris Helm, Ed.D., Best Practices, Inc.  
Amanda Moreno, Ph.D., Erikson Institute  
Laura Reischel, MS.Ed., Chicago Children’s Museum  
Jennifer Rosinia, Ph.D., OTR/L, Kid Links Unlimited, Inc.  
Hedda Sharapan, MS, The Fred Rogers Center  
**Moderators:** Trisha Kocanda, M.Ed., Winnetka D36  
Liza Sullivan, MA, The Alliance for Early Childhood

**Thursday, February 9, 2017, 7:00 PM**  
Carleton Washburne School’s Little Theater  
515 Hibbard Rd., Winnetka, IL 60093

Presented by **Family Action Network (FAN)**,  
in partnership with The Alliance for Early Childhood,  
Erikson Institute, Glencoe D35, Kenilworth D38, North Shore D112, and Winnetka D36.

Free and open to the public. Suitable for ages 10+. Info: [familyactionnetwork.net](http://familyactionnetwork.net)

### Annual Sponsors:



### Strategic Partners:





**FOR IMMEDIATE RELEASE: EARLY CHILDHOOD EDUCATION PANEL**

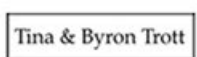
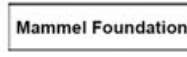
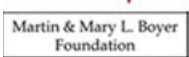
**CONTACT:** Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Thursday, February 9, 2017, Parents as First Teachers: How to Cultivate the Whole Child, 7:00 PM, Carleton Washburne School Little Theater, 515 Hibbard Rd., Winnetka, IL 60093. It's a fact: as a parent or caregiver, you are your young child's first teacher, and what you do matters. Your daily play and interactions have an enormous impact on your child's development, and it's helpful to learn about best practices for supporting your child's creativity, persistence, resilience, and emotional engagement. As a capstone event to **The Alliance for Early Childhood's** 2017 Preschool-Kindergarten Summit for early childhood educators titled "Cultivating the Whole Child: Building Strong Social Emotional Foundations in Today's World," **Family Action Network (FAN)** convenes a panel of many of the summit's accomplished presenters to offer advice on how parents can build a responsive, supportive, emotionally-connected home environment.

Panelists include: **Judy Harris Helm, Ed.D., Founder of Best Practices, Inc.**, a consulting company that helps schools integrate research into the classroom; **Amanda Moreno, Ph.D., Assistant Professor at Erikson Institute**, where she teaches graduate students in child development, and is the Principal Investigator of a large randomized controlled trial of a mindfulness-based social emotional learning intervention in K-2 in Chicago Public Schools; **Laura Reischel, MS.Ed., the Arts and Cultural Engagement Specialist at Chicago Children's Museum**, who has over 20 years of experience as an arts administrator, educator, and exhibit developer; **Jennifer Rosinia, Ph.D., OTR/L, President of Kid Links Unlimited, Inc.**, a registered occupational therapist with over 30 years of experience in pediatrics, with a special interest in the neurobiological influences on a child's development; and **Hedda Sharapan, MS, PNC Senior Fellow at The Fred Rogers Center**. The panel's moderators will be **Trisha Kocanda, M.Ed., Superintendent of Winnetka D36**, and **Liza Sullivan, MA, Executive Director of The Alliance for Early Childhood**, and FAN's Early Childhood Chair.

Sponsored by **Family Action Network (FAN)**, in partnership with the **Alliance for Early Childhood, Erikson Institute, Glencoe D35, Kenilworth D38, North Shore School District 112, and Winnetka D36**. FAN is grateful for the support of its 2016-17 annual sponsors **Compass Health Center, Evanston Township High School D202, New Trier High School D203, the Martin & Mary L. Boyer Foundation, Magnetar Capital, the Mammel Foundation, and Tina & Byron Trott**; our strategic partners **Acclaim Media, the Butler Family Foundation, Center for Talent Development at Northwestern University, Curt's Café, Erikson Institute, Evanston/Skokie D65, the Finnegan Family Foundation, Hackstudio, Loyola University Chicago School of Law, the Master of Science in Education Program at the School of Education and Social Policy at Northwestern University, the McGaw YMCA, National Alliance on Mental Illness - Cook County North Suburban, New Trier Parents' Association, North Shore Community Bank, Northern Suburban Special Education District (NSSED), Northwestern University, ReDefined Fitness, The Book Stall at Chestnut Court, The Family Institute at Northwestern University, Victories, and Youth & Opportunity United (Y.O.U.); and our in-kind sponsors **Kirkland & Ellis LLP and Turing Group**.**

**Annual Sponsors:**



**Strategic Partners:**

