



**The Deepest Well:
Healing the Long-Term Effects of Childhood Adversity**
Nadine Burke Harris, MD, MPH, FAAP

Founder and CEO, The Center for Youth Wellness, and founding physician, Bayview Child Health Center, San Francisco
Author, *The Deepest Well: Healing the Long-Term Effects of Childhood Adversity*

Monday, February 12, 2018, 12:00 PM

Loyola University Chicago School of Law, 25 E. Pearson St., Chicago

RSVP at familyactionnetwork.net

Tuesday, February 13, 2018, 12:00 PM

School of Social Service Administration, The University of Chicago, 969 E. 60th St., Chicago

RSVP at familyactionnetwork.net

Tuesday, February 13, 2018, 7:00 PM

Evanston Township High School Auditorium, 1600 Dodge Ave., Evanston

Presented by **Family Action Network (FAN)**,

in partnership with Baker Demonstration School, Erikson Institute, Loyola University Chicago School of Law, the McGaw YMCA, the School of Social Service Administration at The University of Chicago, the YMCA of Metro Chicago, Youth and Opportunity United (Y.O.U.), and the YWCA Evanston-North Shore.
These events are **free and open to the public** and will be taped. Suitable for youth 12+.

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FOR IMMEDIATE RELEASE: NADINE BURKE HARRIS, MD, MPH, FAAP – 3 EVENTS

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

EVENT #1: Monday, February 12, 2018, The Deepest Well: Healing the Long-Term Effects of Childhood Adversity, 12:00 PM, Loyola University Chicago School of Law, 25 E. Pearson St., Chicago, 60611. **RSVP required; register at familyactionnetwork.net**

EVENT #2: Tuesday, February 13, 2018, The Deepest Well: Healing the Long-Term Effects of Childhood Adversity, 12:00 PM, School of Social Service Administration, The University of Chicago, 969 E. 60th St., Chicago, 60637. **RSVP required; register at familyactionnetwork.net**

EVENT #3: Tuesday, February 13, 2018, The Deepest Well: Healing the Long-Term Effects of Childhood Adversity, 7:00 PM, Evanston Township High School Auditorium, 1600 Dodge Ave., Evanston, 60201. **No RSVP required.**

A pioneer in the field of medicine, pediatrician **Nadine Burke Harris, MD, MPH, FAAP** is a leader in the movement to transform how we respond to early childhood adversity and the resulting toxic stress that dramatically impacts our health and longevity. In her new book, *The Deepest Well*, Dr. Burke Harris documents how the results of the **Adverse Childhood Experiences (ACE)** study impacted how she approached her medical practice. A passionate advocate for children’s health, Dr. Burke Harris is the founder and **CEO** of the **Center for Youth Wellness** in San Francisco. Early in her medical career, she noticed that many of her young patients were being treated for health issues such as obesity, asthma, and ADHD, and she dug deeper into the underlying causes of these medical problems. The original ACE study, which gathered data from 17,000 adult patients on childhood experiences of divorce, substance use in the home, and neglect, for example, revealed that childhood stress changes our biological systems in ways that last a lifetime, and that two-thirds of us have experienced at least one ACE – no matter your circumstances. Research now shows that experiencing four or more ACEs is associated with significantly higher risk for heart disease, stroke, cancer, COPD, diabetes, Alzheimer’s and suicide.

Dr. Burke Harris’ TED Talk, “How childhood trauma affects health across a lifetime,” has been viewed more than 3 million times, and her work has been profiled in the *New Yorker* and in **Paul Tough’s** (FAN ’12) book *How Children Succeed*.

Sponsored by *Family Action Network (FAN)*, in partnership with *Baker Demonstration School, Erikson Institute, Loyola University Chicago School of Law, the McGaw YMCA, the School of Social Service Administration at The University of Chicago, the YMCA of Metro Chicago, Youth and Opportunity United (Y.O.U.), and the YWCA Evanston-North Shore*. FAN is grateful for the support of its 2017-18 annual sponsors *Compass Health Center, Evanston Township High School D202, New Trier High School D203, the Martin & Mary L. Boyer Foundation, Magnetar Capital, and Tina & Byron Trott*; strategic partners *Acclaim Media, the Butler Family Foundation, Center for Talent Development at Northwestern University, Connections for the Homeless, Curt’s Café, Envestnet, Erikson Institute, Evanston/Skokie D65, the Finnegan Family Foundation, Grosvenor Capital Management, Hackstudio, Loyola University Chicago School of Law, the Mammel Foundation, the Master of Science in Education Program at the School of Education and Social Policy at Northwestern University, the McGaw YMCA, New Trier Parents’ Association, North Shore Community Bank, Northern Suburban Special Education District (NSSED), Northwestern University, R4 Services, LLC, The Book Stall at Chestnut Court, The Family Institute at Northwestern University, Youth & Opportunity United (Y.O.U.), and YWCA Evanston/North Shore*; and in-kind sponsors *Kirkland & Ellis LLP and Turing Group*.

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