



On Edge: A Journey Through Anxiety Andrea Petersen

Reporter, *Wall Street Journal* and author, *On Edge: A Journey Through Anxiety*

Tuesday, September 26, 2017 -- TWO EVENTS!

12:00 PM, Loyola University Chicago School of Law, 25 E. Pearson St., Chicago

RSVP REQUESTED for LUC event: www.bit.ly/FANPetersen

7:00 PM, New Trier HS/Northfield, Cornog Auditorium, 7 Happ Rd., Northfield

Interviewer: Karen Cassidy, Ph.D., ACT

Owner and Managing Director, Anxiety and Agoraphobia Treatment Center of Greater Chicago
President, Anxiety and Depression Association of America

Presented by **Family Action Network (FAN)**,
in partnership with Family Service Center, Family Service of Glencoe, Glencoe D35,
Haven Youth & Family Services, the National Alliance on Mental Illness-Cook County North Suburban,
and the New Trier Parents' Association.

These events are free and open to the public and the NTHS event will be videotaped.
PDs available for educators at both events. Suitable for youth 12+.

Info: familyactionnetwork.net

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FOR IMMEDIATE RELEASE: Andrea Petersen – TWO EVENTS!

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Tuesday, September 26, 2017, On Edge: A Journey Through Anxiety, 12:00 PM, Loyola University Chicago School of Law, Ceremonial Courtroom, 10th Floor, 25 E. Pearson St., Chicago, IL 60611 (RSVP required for 12:00 PM event only: www.bit.ly/FANPetersen); and 7:00 PM, New Trier High School, Northfield Campus, Cornog Auditorium, 7 Happ Rd., Northfield, IL 60093. The estimated number of people who will have at least one anxiety disorder during the course of their lives is staggering: one in three Americans. The number is even higher for women—more than 40 percent. In any given year, about 40 million American adults have an anxiety disorder. That number includes Andrea Petersen, a highly regarded reporter for the Wall Street Journal. In her recently-released first book, On Edge: A Journey Through Anxiety, Ms. Petersen harnesses her personal experience and expertise as a health reporter to explore the biological mechanisms of anxiety and the groundbreaking research that might point the way to new treatments.

Ms. Petersen was first diagnosed with an anxiety disorder at the age of twenty. She had spells of breathlessness, a racing heart, and uncontrollable fear that seemingly came out of nowhere. She worried that any twinge of pain was a sign that she was seriously ill or had an undiagnosed disease. She was afraid of driving on highways, touching dirt, using a new tube of toothpaste, and even licking envelopes. Fear, she said, ambushed her. It took over a dozen doctors and almost a year before she was finally diagnosed and treated.

She candidly writes about how anxiety has colored her relationships—with her family, with her women friends, and with boyfriends—from the ones who were supportive to the ones who were overwhelmed and made a beeline for the exit. She writes about the history of how anxiety has been treated, and how anxiety has both bolstered and limited her own career.

Note: At Ms. Petersen’s 7:00 PM event at New Trier HS, she will be interviewed by Karen Cassidy, Ph.D., ACT, Owner and Managing Director, Anxiety and Agoraphobia Treatment Center of Greater Chicago and President, Anxiety and Depression Association of America.

Sponsored by Family Action Network (FAN), in partnership with Family Service Center, Family Service of Glencoe, Glencoe D35, Haven Youth & Family Services, National Alliance on Mental Illness-Cook County North Suburban (NAMI-CCNS), and the New Trier Parents’ Association. PDs available for educators at both events. FAN is grateful for the support of its 2017-18 annual sponsors Compass Health Center, Evanston Township High School D202, New Trier High School D203, the Martin & Mary L. Boyer Foundation, Magnetar Capital, and Tina & Byron Trott; our strategic partners Acclaim Media, the Butler Family Foundation, Center for Talent Development at Northwestern University, Curt’s Café, Investnet, Erikson Institute, Evanston/Skokie D65, the Finnegan Family Foundation, Grosvenor Capital Management, Hackstudio, Loyola University Chicago School of Law, the Mammel Foundation, the Master of Science in Education Program at the School of Education and Social Policy at Northwestern University, the McGaw YMCA, New Trier Parents’ Association, North Shore Community Bank, Northern Suburban Special Education District (NSSD), Northwestern University, R4 Services, LLC, The Book Stall at Chestnut Court, The Family Institute at Northwestern University, Youth & Opportunity United (Y.O.U.), and YWCA Evanston/North Shore; and our in-kind sponsors Kirkland & Ellis LLP and Turing Group.

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