

# Real American: Growing Up Black and Biracial in America Julie Lythcott-Haims, J.D., M.A.

Author, How to Raise an Adult and Real American: A Memoir

Monday, November 13, 2017 -- TWO EVENTS

Event #1: 12:00 PM, Loyola University Chicago School of Law

25 E. Pearson St., Chicago, IL 60611 RSVP requested: www.bit.ly/FANJulie

Event #2: 7:00 PM, Evanston Township High School Auditorium 1600 Dodge Ave., Evanston, IL 60201

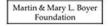
Presented by Family Action Network (FAN),

in partnership with Countryside Montessori School, Josselyn Center, Lake Forest Academy, North Shore Country Day School, Youth and Opportunity United (Y.O.U.), and the YWCA Evanston/North Shore.

These events are free and open to the public and the evening event will be videotaped. Suitable for youth 12+.

Info: familyactionnetwork.net

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## FOR IMMEDIATE RELEASE: JULIE LYTHCOTT-HAIMS, MA - 2 EVENTS

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Monday, November 13, 2017, <u>Real American: Growing Up Black and Biracial in America</u>, 12:00 PM, Loyola University Chicago School of Law, 10<sup>th</sup> Floor Ceremonial Courtroom, 25 E. Pearson St., Chicago, 60611 (RSVP required, <u>www.bit.ly/FANJulie</u>); and 7:00 PM, Evanston Township High School Auditorium, 1600 Dodge Ave., Evanston, 60201 (no RSVP required). Julie Lythcott-Haims, the *New York Times* bestselling author of *How to Raise an Adult*, has written a different kind of book this time out – *Real American: A Memoir*, a deeply personal and affecting account of her life growing up as a biracial Black woman in America.

Bringing a brisk, poetic sensibility to her prose, Ms. Lythcott-Haims stirringly evokes her personal battle with the low self-esteem that American racism routinely inflicts on people of color. The only child of an African-American father and a white British mother, she shows indelibly how so-called "micro" aggressions - in addition to blunt force insults -- can puncture a person's inner life with a thousand sharp cuts. She explores her path to self-acceptance and the healing power of community in overcoming the hurtful isolation of being incessantly considered "the other."

**Equal Justice Initiative** founder **Bryan Stevenson (FAN '15 and '16)** says this about Ms. Lythcott-Haims' new book: "A compelling, incisive and thoughtful examination of race, origin and what it means to be called an American. Engaging, heartfelt and beautifully written, Lythcott-Haims explores the American spectrum of identity with refreshing courage and compassion."

Ms. Lythcott-Haims served as the dean of freshmen and undergraduate advising at **Stanford University**, where she received the **Dinkelspiel Award** for her contributions to the undergraduate experience. She holds a BA from Stanford, a JD from **Harvard Law School**, and an MFA in writing from the **California College of the Arts**.

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