



Real American: Growing Up Black and Biracial in America
Julie Lythcott-Haims, J.D., M.A.

Author, How to Raise an Adult and Real American: A Memoir

Monday, November 13, 2017 -- TWO EVENTS

**Event #1: 12:00 PM, Loyola University Chicago School of Law
25 E. Pearson St., Chicago, IL 60611**

RSVP requested: www.bit.ly/FANJulie

**Event #2: 7:00 PM, Evanston Township High School Auditorium
1600 Dodge Ave., Evanston, IL 60201**

Presented by **Family Action Network (FAN)**,
in partnership with **Countryside Montessori School, Josselyn Center, Lake Forest Academy,
North Shore Country Day School, Youth and Opportunity United (Y.O.U.),
and the YWCA Evanston/North Shore.**

These events are free and open to the public and the evening event will be videotaped. Suitable for youth 12+.

Info: familyactionnetwork.net

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FOR IMMEDIATE RELEASE: JULIE LYTHCOTT-HAIMS, MA – 2 EVENTS

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Monday, November 13, 2017, Real American: Growing Up Black and Biracial in America, 12:00 PM, Loyola University Chicago School of Law, 10th Floor Ceremonial Courtroom, 25 E. Pearson St., Chicago, 60611 (RSVP required, www.bit.ly/FANJulie); and 7:00 PM, Evanston Township High School Auditorium, 1600 Dodge Ave., Evanston, 60201 (no RSVP required). Julie Lythcott-Haims, the *New York Times* bestselling author of *How to Raise an Adult*, has written a different kind of book this time out – **Real American: A Memoir, a deeply personal and affecting account of her life growing up as a biracial Black woman in America.**

Bringing a brisk, poetic sensibility to her prose, Ms. Lythcott-Haims stirringly evokes her personal battle with the low self-esteem that American racism routinely inflicts on people of color. The only child of an African-American father and a white British mother, she shows indelibly how so-called "micro" aggressions - in addition to blunt force insults – can puncture a person's inner life with a thousand sharp cuts. She explores her path to self-acceptance and the healing power of community in overcoming the hurtful isolation of being incessantly considered "the other."

Equal Justice Initiative founder **Bryan Stevenson (FAN '15 and '16)** says this about Ms. Lythcott-Haims' new book: "A compelling, incisive and thoughtful examination of race, origin and what it means to be called an American. Engaging, heartfelt and beautifully written, Lythcott-Haims explores the American spectrum of identity with refreshing courage and compassion."

Ms. Lythcott-Haims served as the dean of freshmen and undergraduate advising at **Stanford University**, where she received the **Dinkelspiel Award** for her contributions to the undergraduate experience. She holds a BA from Stanford, a JD from **Harvard Law School**, and an MFA in writing from the **California College of the Arts**.

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