



The Art of Screen Time: How Your Family Can Balance Digital Media and Real Life Anya Kamenetz

Lead digital education correspondent, National Public Radio

Author, *The Test*, *Generation Debt*, and *DIY U: Edupunks, Edupreneurs, and the Coming Transformation of Higher Education*

Tuesday, February 6, 2018, 7:00 PM

**New Trier High School, Winnetka Campus, Gaffney Auditorium
385 Winnetka Ave., Winnetka, IL 60093**

Presented by **Family Action Network (FAN)**,

in partnership with Baker Demonstration School, Beacon Academy, Chiaravalle Montessori School, Chicago Waldorf School, Counseling Center of the North Shore, Countryside Montessori School, Erikson Institute, Family Service Center, Family Service of Glencoe, Glencoe D35, Haven Youth and Family Services, the Joseph Sears School, the New Trier Parents' Association, The Family Institute at Northwestern University, and the Wolcott School.

PDs available for educators. This event is free and open to the public and will be videotaped. Suitable for youth 12+.

Info: familyactionnetwork.net

Annual Sponsors:



Strategic Partners:



In-Kind Sponsors:





FOR IMMEDIATE RELEASE: ANYA KAMENETZ

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Tuesday, February 6, 2018, The Art of Screen Time: How Your Family Can Balance Digital Media and Real Life, 7:00 PM, New Trier High School, Winnetka Campus, Gaffney Auditorium, 385 Winnetka Ave., Winnetka, 60093. *NOTE: PDs available for educators at the event.* “Enjoy screens. Not too much. Mostly with others.” This brief but powerful dictum forms the backbone of National Public Radio lead digital education correspondent Anya Kamentz’s philosophy in *The Art of Screen Time: How Families Can Balance Digital Media and Real Life*.

The newest generation of children is exposed to more technology than any previous generation. They are photographed with smartphones from the moment they’re born, and begin interacting with screens at around four months old. Researchers have been quick to declare this the dawn of a neurological and emotional crisis, but solid science on the subject is surprisingly hard to come by. The truth is there’s no road map for navigating this territory.

Ms. Kamenetz candidly addresses her own parental worries and tackles them head on by surveying hundreds of fellow parents on their practices and ideas and cutting through a thicket of inconclusive studies and overblown claims. Most importantly, she discovers that the crucial questions of digital parenting aren’t only about our kids. They’re about *our* use of digital media, too. Are you embraced by the virtual village or menaced by the cyber mob? Is the phone a magical work-life balancer or a constantly bleeping attention-sucker? Is it a babysitter or source of fun, wonder and excitement for the entire family?

Sponsored by Family Action Network (FAN), in partnership with Baker Demonstration School, Beacon Academy, Chiaravalle Montessori School, Chicago Waldorf School, Counseling Center of the North Shore, Countryside Montessori School, Erikson Institute, Family Service Center, Family Service of Glencoe, Glencoe D35, Haven Youth and Family Services, the Joseph Sears School, the New Trier Parents’ Association, The Family Institute at Northwestern University, and the Wolcott School. FAN is grateful for the support of its 2017-18 annual sponsors Compass Health Center, Evanston Township High School D202, New Trier High School D203, the Martin & Mary L. Boyer Foundation, Magnetar Capital, and Tina & Byron Trott; strategic partners Acclaim Media, the Butler Family Foundation, Center for Talent Development at Northwestern University, Connections for the Homeless, Curt’s Café, Envestnet, Erikson Institute, Evanston/Skokie D65, the Finnegan Family Foundation, Grosvenor Capital Management, Hackstudio, Loyola University Chicago School of Law, the Mammel Foundation, the Master of Science in Education Program at the School of Education and Social Policy at Northwestern University, the McGaw YMCA, New Trier Parents’ Association, North Shore Community Bank, Northern Suburban Special Education District (NSSD), Northwestern University, R4 Services, LLC, The Book Stall at Chestnut Court, The Family Institute at Northwestern University, Youth & Opportunity United (Y.O.U.), and YWCA Evanston/North Shore; and in-kind sponsors Kirkland & Ellis LLP and Turing Group.

Annual Sponsors:



Strategic Partners:



In-Kind Sponsors:

