



This Imperfect Moment: A Conversation with “Ask Polly” Advice Columnist Heather Havrilesky

“Ask Polly” advice columnist, *New York* magazine’s *The Cut*; writer for *The New Yorker*, *The Atlantic*, and *The New York Times*.
Author, *How to Be a Person in the World*, *Disaster Preparedness*, and the brand new *What If This Were Enough?*

Interlocutors: Vivien Hanson, MSW and Maureen Kebo, MA

Ms. Hanson works with children and families addressing issues of grief, loss, trauma, and adjustment.
Ms. Kebo is the founder of B-Well, LLC, a private counseling practice with a focus on cultivating a client’s best self.

Monday, October 29, 2018, 7:00 PM
North Shore Country Day School Auditorium
310 Green Bay Rd., Winnetka, IL 60093

Presented by **Family Action Network (FAN)**,

in partnership with Family Service of Glencoe, Fusion Academy, and North Shore Country Day School.

This event is **free and open to the public** and will not be taped. Suitable for youth 12+. **INFO: familyactionnetwork.net**

Sponsors



Partners



Supporters

- | | | | | |
|--|---|--|---|--|
| Connections for the Homeless
Envestnet
Finnegan Family Foundation
Fusion Academy
Stephanie & Roger Hochschild
Kim & Brad Keywell
Lori & Ross Laser | Liz & Eric Lefkofsky
Mammel Foundation
The McGaw YMCA
Alison & Andrew McNally
New Trier Parents' Association
North Shore Community Bank
Northwestern University,
School of Education and Social Policy | R4 Services, LLC & the Rooney Family
Cari & Michael Sacks
Julene & John Stellato
Diana & John Terlato
Youth & Opportunity United (Y.O.U.)
YWCA Evanston/North Shore | Community Allies
Counseling Center of the North Shore
Curt's Café
Family Service Center
Family Service of Glencoe
Haven Youth and Family Services
Northwestern University,
Office of Neighborhood and Community Relations | In-Kind
Acclaim Media
Kirkland & Ellis
Loyola University Chicago School of Law
The Book Stall at Chestnut Court
Turing Group |
|--|---|--|---|--|



FOR IMMEDIATE RELEASE: HEATHER HAVRILESKY

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Monday, October 29, 2018, This Imperfect Moment: A Conversation with “Ask Polly” Advice Columnist Heather Havrilesky, 7:00 PM, North Shore Country Day School Auditorium, 310 Green Bay Rd., Winnetka, IL 60093.

The acclaimed critic, memoirist, and advice columnist **Heather Havrilesky’s** new latest book, *What If This Were Enough?*, is an impassioned collection tackling our obsession with self-improvement and urging readers to embrace the imperfections of the everyday. In her work for *New York, The Baffler, The New York Times Magazine, The New Yorker,* and *The Atlantic*, as well as in “Ask Polly,” her advice column for *The Cut*, she dispenses a singular, cutting wisdom – an ability to inspire, provoke, and put a name to our most insidious cultural delusions.

What If This Were Enough? is a mantra and a clarion call. In its chapters – many of them original to the book, others expanded from their initial publication – Ms. Havrilesky takes on those cultural forces that shape us. We’ve convinced ourselves, she says, that salvation can be delivered only in the form of new products, new technologies, new lifestyles. From the allure of materialism to our misunderstandings of romance and success, she deconstructs some of the most poisonous and misleading messages we ingest today, all the while suggesting new ways to navigate our increasingly bewildering world.

Through her incisive and witty inquiries, Ms. Havrilesky urges us to reject the pursuit of a shiny, shallow future that will never come. These timely, provocative, and often hilarious essays suggest an embrace of the flawed, a connection with what already is, who we already are, what we already have. She asks us to consider: What if this were enough? Our salvation, Ms. Havrilesky says, can be found right here, right now, in this imperfect moment.

Ms. Havrilesky will be interviewed on stage by FAN Liaison Council co-directors **Vivien Hanson, MSW**, who works with children and families addressing issues of grief, loss, trauma, and adjustment and **Maureen Kebo, MA**, founder of **B-Well, LLC**, a private counseling practice with a focus on cultivating a client’s best self.

Ms. Havrilesky is the author of the memoir *Disaster Preparedness* and *How to Be a Person in the World*, a collection of her “Ask Polly” columns.

Sponsored by **Family Action Network (FAN)**, in partnership with **Family Service of Glencoe, New Trier High School D203, and North Shore Country Day School.**

Sponsors



Partners



Supporters

Connections for the Homeless	Liz & Eric Lefkofsky
Envestnet	Mammel Foundation
Finnegan Family Foundation	The McGaw YMCA
Fusion Academy	Alison & Andrew McNally
Stephanie & Roger Hochschild	New Trier Parents' Association
Kim & Brad Keywell	North Shore Community Bank
Lori & Ross Laser	Northwestern University, School of Education and Social Policy

R4 Services, LLC & the Rooney Family
Cari & Michael Sacks
Julene & John Stellato
Diana & John Terlato
Youth & Opportunity United (Y.O.U.)
YWCA Evanston/North Shore

Community Allies

Counseling Center of the North Shore
Curt's Café
Family Service Center
Family Service of Glencoe
Haven Youth and Family Services
Northwestern University,
Office of Neighborhood and Community Relations

In-Kind

Acclaim Media
Kirkland & Ellis
Loyola University Chicago School of Law
The Book Stall at Chestnut Court
Turing Group